Presented by: Lisa Griebel & Karen Lanson



✓ What is Peer Coaching? ✓ Why is Peer Coaching such a good fit with El? ✓ What are the benefits of El Peer Coaching? ✓ How does El Peer Coaching work?

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/HAT IS PEER COACHING

 Based on an action learning model developed by Authenticity Consulting, LLC

- Meet regularly with Peers to help each other with real-world challenges and goals.
 - Promotes self-awareness
 - Taps inner wisdom
 - Encourages self-responsibility
 - Inspires action
- Strengthen coaching skills
- Learn powerful new coaching process

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MMON COACHIN PRINCIPLES



• People have great or even unlimited potential.

- People develop first from within themselves.
- Development includes the whole person.
- People can develop a great deal by asking the right questions.
- Goals and direction of coaching comes from the nature and needs of the client.
- The role of action and experience are critical to learning and development.

Source: Authenticity Circles Program Developer's Guide

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WE BELIEVE THAT EMOTIONAL INTELLIGENCE..



- Is the foundation of personal and professional success; enables all the other qualities to matter.
- 2. Requires practice and community to build conscious competence
- 3. Contributes to overall wellbeing.

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VING OUR VISION



- We are busy professionals!
- We are constantly searching.
- Focusing on developing our El will improve coaching and consulting.
- POWER OF PEERS!

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PEER COACHING DETAILS



- Small groups thoughtfully assembled
- EQ-i^{2.0} **NEW** Leadership Report
- Groups meet 2-2.5 hours, every 4-5 weeks, *virtual and/or face-to-face*
- Dedicated time for each person in every session
- 7 total sessions
- All sessions are facilitated.

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It all begins with a 'chunky' half-day LAUNCH!

- √ An expanded introduction of yourself your EQ-i^{2.0} results and insights
- ✓ Learn the most essential structures, processes and skills used in peer coaching
- ✓ Jump-start trust and connections within your group
- ✓ Start formulating your goals and/or desired outcomes that matter most

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EFITS AND TAKE-AWAYS



✓ Accomplish breakthroughs in developing or enhancing your El

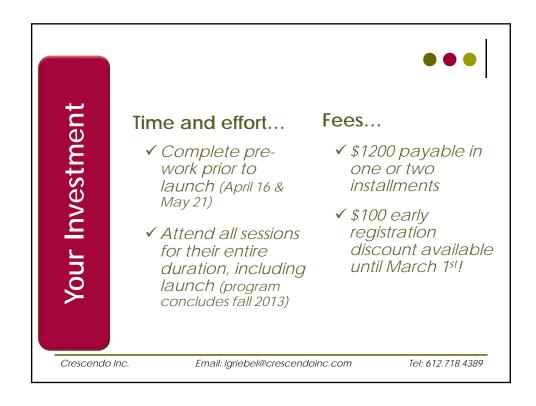
- ✓ Deepen connections with other El practitioners
- ✓ Build or strengthen your El practitioner skills
- ✓ Build or strengthen an El focus in your professional role or consulting practice

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Crescendo Connect Conversation – February 4, 2013 Presented by: Lisa Griebel & Karen Lanson

